



Integral University, Lucknow

Effective from Session: 2023-2024							
Course Code	A090401T/HS218	Title of the Course	Abnormal Psychology	L	T	P	C
Year	II	Semester	IV	4	0	0	4
Pre-Requisite	Intermediate	Co-requisite	None				
Course Objectives	Develop an understanding of the concept of abnormality and different types of disorders, its symptoms and classification.						

Course Outcomes	
CO1	The students will be able to understand criteria of abnormality.
CO2	Students will be able to understand the clinical picture and etiology of anxiety disorders.
CO3	Students will be able to Somatic and Dissociative Disorders, its types, clinical picture and Etiology.
CO4	Students will be able to understand Depressive and Bipolar Disorders
CO5	Students will be able to understand the Schizophrenia, its types, clinical picture and Etiology.
CO6	Students will learn about the learning disorders such as reading, writing and mathematics disorders.
CO7	Students will learn about the substance abuse disorders related to it.
CO8	Students will learn about ADHD, Autism and Intellectual disability.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	An Introduction.	Abnormal Psychology: Concept and Criteria of Abnormality, Classification of Abnormality (DSMV)	6	CO1
2	Anxiety Disorders	Clinical Picture and Etiology: Generalized Anxiety Disorder (GAD), Phobia, Panic Disorder and Obsessive-Compulsive Disorder (OCD).	8	CO2
3	Somatic and Dissociative Disorders	Somatic Symptom and Related Disorders, Dissociative Disorders-Types, Clinical Picture and Etiology.	8	CO3
4	Depressive and Bipolar Disorders:	Introduction: Types, Clinical Picture and Etiology.	8	CO4
5	Schizophrenia:	Types, Clinical Picture and Etiology.	7	CO5
6	Learning Disabilities	Reading, Written expression and Mathematics Disorders	7	CO6
7	Substance Related Disorder	Substance Abuse and Dependence; Alcohol, Nicotine, Marijuana, Sedatives and Stimulants: Etiology.	8	CO7
8	Neurodevelopmental Disorders	Clinical Picture and Etiology ,Attention-Deficit/Hyperactivity Disorder (ADHD), Autism Spectrum Disorders, Intellectual Disability.	8	CO8

Reference Books:

- Barlow D.H. & Durand V.M., & Stewart, S.H. (2009). Abnormal Psychology. New Delhi: Cengage Learning.
- Bennett, P. (2006). Abnormal and Clinical Psychology: An introductory textbook. New York: Open University Press.
- Brewer, K. (2001). Clinical Psychology. Oxford: Heinemann Educational Publishers
- Carson, R.C., Butcher, J.N., Mineka, S. & Hooley, J.M. (2008). Abnormal Psychology. New Delhi: Pearson.

e-Learning Source: <http://heecontent.upsdc.gov.in/Home.aspx>

PO-PSO																
CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO 1	PSO2	PSO3	PSO4	PSO 5	PSO 6	PSO 7	PSO 8	
CO1	2	3	2	3	2	3	2	1	1	3	1	3	3	2	3	
CO2	2	1	1	1	3	3	2	1	2	3	2	3	3	3	2	
CO3	1	2	2	2	2	2	1	2	1	2	3	3	2	2	1	
CO4	2	3	3	3	2	1	2	2	2	3	3	3	2	3	3	
CO5	3	2	2	1	2	3	2	1	2	2	3	3	3	2	2	
CO6	2	3	3	3	3	2	3	3	2	3	2	1	2	3	3	
CO7	3	3	2	2	3	3	3	3	3	3	2	1	3	3	3	
CO8	2	3	3	3	2	2	3	3	3	2	1	2	3	2	3	

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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